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| **Menu** 2020 Term 3 |
| **Week One**1 - Tacos2 - Best Ever Chicken with salad3 - Ribs with baked sweet potato and coleslaw4 - Apple and Thyme Quiche and salad5 - Italian Quinoa Soup with sourdough6 - Prawn and Pork Wontons w miso, greens & rice | **Week Seven**1 - Tacos2 - Chicken w Spinach in Cream Sauce and veggies3 - Slow Cooker Roast and vegetables4 - Vegetarian Penang Curry with rice5 - Jalapeno Popper Bacon & Bean Soup6 - Browned Butter Honey Garlic Salmon & salad |
| **Week Two**1 - Lasagne and salad2 - Chicken Piccata and vegetables3 - Slow Cooker Roast and vegetables4 - Vegetarian Penang Curry with rice5 - Jalapeno Popper Bacon & Bean Soup6 - Browned Butter Honey Garlic Salmon & salad | **Week Eight**1 - Lasagne and salad2 - Lemon Butter Chicken and vegetables3 - Pork Belly in Bao Buns4 - Roasted Pumpkin and Parmesan Gnocchi5 - Cheeseburger Soup6 - Prawn and Pork Wontons w miso, greens & rice |
| **Week Three**1 - Baked Chimichangas with mexican rice and salsa2 - Chicken w Spinach in Cream Sauce and veggies3 - Pork Belly in Bao Buns4 - Vegetarian Red Curry5 - Cheeseburger Soup6 - Fish Pie and vegetables | **Week Nine**1 - Baked Chimichangas with mexican rice and salsa2 - Best Ever Chicken with salad3 - Slow Cooker Roast and vegetables4 - Vegetarian Red Curry5 - Italian Quinoa Soup with sourdough6 - Prawn and Pork Wontons w miso, greens & rice |
| **Week Four**1 - Tacos 2 - Lemon Butter Chicken and vegetables3 - Ribs with baked sweet potato and coleslaw4 - Vegetarian Penang Curry with rice5 - Chicken Mushroom Soup and sourdough6 - Prawn and Pork Wontons w miso, greens & rice | **Week Ten**1 - Lasagne and salad2 - Chicken Piccata and vegetables3 - Pork Belly Banh Mi4 - Apple and Thyme Quiche and salad5 - Jalapeno Popper Bacon & Bean Soup6 - Browned Butter Honey Garlic Salmon & salad |
| **Week Five**1 - Lasagne and salad2 -Best Ever Chicken with salad3 -Slow Cooker Roast and vegetables4 -Roasted Pumpkin and Parmesan Gnocchi5 -Italian Quinoa Soup with sourdough6 -Fish Pie and vegetables | **Week Eleven**1 -Baked Chimichangas with mexican rice and salsa2 -Chicken w Spinach in Cream Sauce and veggies3 -Ribs with baked sweet potato and coleslaw4 -Lemon Butter Chicken and vegetables5 -Chicken Mushroom Soup and sourdough6 -Fish Pie and Vegetables |
| **Week Six**1 - Baked Chimichangas with mexican rice and salsa2 -Chicken Piccata and vegetables3 -Pork Belly Banh Mi4 -Vegetarian Red Curry5 -Jalapeno Popper Bacon & Bean Soup6 -Browned Butter Honey Garlic Salmon & salad | **Plan**1 - Pasta/Baked Meals2 - Chicken3 - Meat4 - Vegetarian5 - Soup6 - Seafood |